



- S.R.Saini Ex.Deputy Director,Mountaineering.
- Having 35 years of experience in Mountaineering.
- Authored 3 books of Trekking&Mountaineering
- Presently working as Executive Director,Himalayan heights Adventure Institute.
- A Post Graduate & Trained Instructor in Outdoor activities.
- Nilesh Saini,Managing Director & Instructor Himalayan Heights Adventure Institute.
- A Post Graduate in Sports.
- M.Phil. in Trekking & mountaineering.
- A Trained Mountaineer with Basic,Advance &MOI in Mountaineering.
- Expert in Adventure activities,Rock climbing.

HIMALAYAN HEIGHTS ADVENTURE INSTITUTE
54, EKANT LODGE, JOGI WARA ROAD
MCLEODGANJ, DHARAMSHALA
DISTT. KANGRA (HP)

Himalayan Heights Adventure Institute

Welcomes You



Himalayan Heights Adventure

Offers

Jeep Safaris

Rock Climbing

Adventure Course

Family Trekking

High Altitude Trekking

Paragliding

Eco Trekking Trails

Aquatic Sports



Himalayan Heights Adventure Institute

Conducts the following Activities:-

**Rock Climbing Course
Adventure Course
High Altitude Trekking
Mountaineering
Luxury Trekking Trails**

Himalayan Heights Adventure Institute

Facilities Provided at the Campus.

- Accommodation.
- Meals from day 1 to last day.
- Courses are Conducted by professional Instructors.
- Complete Safety and Rescue ensured during the Trek.
- Camping and Technical equipments supplied at the Campus.
- Communication network on wireless.





Himalayan Heights Adventure Instt.

Aim at: -

- Quality Training and adequate care.
- Quality and Hygienic food both at Field and at Campus, Menu served as per the choice.
- Best quality gears & camping equipment provided.
- Impart lectures on various subjects.
- Arrange slide shows of trekking trails.
- Teach about environment and ecology.

Himalayan Heights Adventure Instt.

Lecturates: -

- Himalayan physical features.
- Avalanches and Glaciology.
- Mountain manners and Customs.
- Mountain weather.
- Mountain terminology.
- First aid and Camp hygiene.
- Map reading.
- Local customs and traditions.
- Himalayan Fauna and Flora.



The background image is a photograph of a high-altitude mountain landscape. In the foreground, there is a grassy, brownish-yellow field. A small, dark-colored tent is pitched on the left side of the field. In the background, there are several jagged, snow-capped mountain peaks under a clear blue sky. The text 'Himalayan Heights Adventure Instt.' is overlaid on the top part of the image in a red, underlined font.

Himalayan Heights Adventure Instt.

Venture for: -

- Close view of wild life such as Black bear, Leopard, Wild Cats, Musk Deer and Wild Boars.
- Star gazing at High Points mainly at Triund.
- Bird watching in thick and dense forests.
- Himalayan Flora and Fauna.
- Visit to High Passes, Peaks and Glacial Lakes.
- Explore new valleys.

ROCK CLIMBING



HIGH ALTITUDE TREKKING



CAMPING



Summer Camps (Outer Himalayan Range The Dhauladhar)



HIGH ALTITUDE PASSES & ALPINE FLORA



ADVENTURE COURSE



TREKKING IN WINTERS



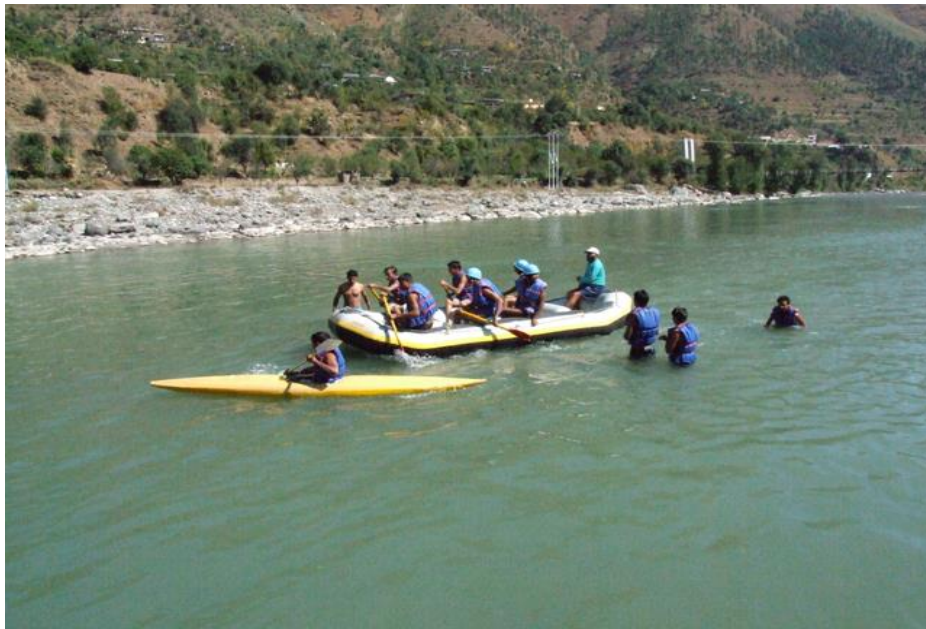
HIGH ALTITUDE LAKES



ECO TREKKING TRAILS



AQUATIC SPORTS



JEEP SAFARI



PARAGLIDING



ACCOMMODATION

EKANT LODGE



Contact us at:

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With best compliments
From
Himalayan Heights Adventure Dharamshala



*“The journey of a thousand miles
begins with a single step.”*

—Chinese proverb

“Thank You”